

PATRONS

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Dept. of Ayurveda TMV, Pune.

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Dean Faculty of Ayurved and Acting Registrar,
TMV, Pune.

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- **Prof. (Dr.) Anaya A. Pathrikar**
HOD, Kayachikitsa Dept., Ayurveda
Mahavidyalaya & Seth R. V. Ayurveda
Hospital, Sion.
- **Dr.Manoja A. Joshi**
Assistant Professor, Dept. of Ayurveda,
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VEDIC DIET

- **Dr.Anant B.Dharmadhikari**-Chairperson
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- **Dr. Nilakshi S. Pradhan**- Co-Chair
Principal, MAM's SSAM, Hadapsar, Pune.

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- **Dr. Balkrishna S.Damle** -Chair person
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- **Dr. Kalpana D. Sathe** -Co-Chair
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- **Dr.Satish P. Dumbre** -Chair person
Ex. Dean, Ayurveda MUHS, Nashik.
- **Dr. Sadanand V. Deshpande** -Co-Chair
Principal, Tilak Ayurveda Mahavidyalaya, Pune.

HEALTHY BALANCED DIET

- **Dr.Geeta Dharmatti**- Chair person
Adjunct Professor, TMV, Pune.

Two Best Paper prizes in each session.

Warm Welcome to all the Participants

CONVENER

Dr.Manoja Joshi

Assistant Professor, Dept. of Ayurveda.

SESSION COORDINATORS

- Yogic Diet- Dr.Mrunal Jamdade
- Ayurvedic dietary concepts -Dr.Hemalata Kore
- Vedic Diet -Dr.Dipti Warad
- Healthy Balanced Diet -Mrs. Pooja Dhomkar

R.S.V.P

Mrs. .Sushama Pathak (08329432477)

Dnyanesh Datir

Pallavi Kavhane

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Lokmanya Tilak Ayurved Ratna Puraskar

On this occasion **Lokmanya Tilak Ayurved**

Ratna Puraskar will be awarded to

Dr.S.Gopakumar, Associate Professor,
Department of Roga Nidana,
Govt. Ayurveda College, Kannur, Kerala.

At the hands of

DR. DEEPAK J. TILAK

Hon. Vice Chancellor, TMV, Pune.



Tilak Maharashtra Vidyapeeth

Mukundnagar, Gultekadi, Pune-411037

Deemed to be a University

(Declared under Sec.3 of UGC Act by Govt. Of India)

'Accredited by NAAC with 'B++' Grade'

International Conference on

AAHARVIDHI

Ayurvedic approach to Modern Dietary Practices

22nd February 2019



Organised by

The Late Vd.P.G.Nanal Department of Ayurved

Tel:91-02024403035/24403080

Email-ayurvedconference@gmail.com

ayutmv@gmail.com

VENUE

Auditorium, 7th Floor

Tilak Maharashtra Vidyapeeth

Mukundnagar, Gultekdi, Pune-411037

About Tilak Maharashtra Vidyapeeth

National education through fine blend of traditional and modern teaching (knowledge) as well as to democratize quality higher education by empowering the masses and reaching the unreached is the aim of T.M.V. The Vidyapeeth has made tremendous progress through quantitative expansion and qualitative improvements on various academic fronts. The Vidyapeeth is committed to maximize the knowledge and skills of students, thus making them competent. The ethics of value-based education system are strictly followed in the Vidyapeeth to promote good character building among the young generation.

About Department of Ayurveda

The Late Vd. P.G.Nanal Dept of Ayurveda has been continuously disseminating the divine message of Ayurvedic Sciences since its inception on 1st December 1921.

Currently the department is engaged in promoting Ayurveda through three different sectors; Academic, Clinical and Research.

The department has completed 4 research project out of which 3 were in collaboration with CCRAS, Ministry of AYUSH, Govt. of India. We are also working on 4 more research projects from which 2 projects are again in collaboration with CCRAS Ministry of AYUSH, Govt of India.

Department is conducting Post Doctoral, PhD, M Phil, MA(Yoga), MSc(Nutrition and Food Science) and Diploma courses.

About the Conference

The Father of modern medicine Hippocrates, states that "Let the food be Medicine...". Ancient Indian scholars and philosophers have stated in Taittiriya Upanishada that human beings have originated from

food. If food is origin of the body then the fitness of human beings certainly depends on food. In today's fast paced life, packaging of food has become more important than it's contents. Healthy food is key of healthy life. Altered lifestyle and occupational limitations has altered our food habits. This conference aims to focus on Ayurvedic approach towards this current issue.

Call for papers

Research papers are invited on the topics given below

1. Vedic Diet
2. Yogic Diet
3. Ayurvedic Dietary concepts
4. Healthy Balanced Diet

Guidelines for papers

Abstract should be not more than 300 words using Times New Roman Font (12 points)/ Marathi, Sanskrit Baraha Font (12 points), and should be submitted through ayurvedconference@gmail.com

Dates for submission: Abstract to be submitted before 5th Feb 2019 & Full papers before 10th Feb 2019.

Registration Fees and Dates

	Till 5 th February	After 5 th February
Ph.D. Scholars	1200	1500
PG Students	1000	1500
Others	1200	1500

Registration form available at- www.tmv.edu.in

Payment Details

- For Online payment
Name of the beneficiary: Tilak Maharashtra Vidyapeeth
Bank: Bank of Maharashtra, TMV Colony branch, Pune 411037
Bank Account No: 20027051387
IFSC Code: MAHB0000320
MICR No: 411014056
Kindly mail the NEFT details to finance@tmv.edu.in & ayurvedconference@gmail.com for receipt.
- DD should be in favor of "Tilak Maharashtra Vidyapeeth, Pune." payable at Pune

SCHEDULE

8:30 am-9:00am	Registration & Breakfast
9:00am-10:00am	Inaugural function: Dr. Deepak J. Tilak Hon.Vice Chancellor, TMV, Pune.
10:00am-11:30am	Keynote Address: Dr.S. Gopakumar, Associate Professor, Dept of Roga Nidana, Govt. Ayurveda College, Kannur.(Kerala)
11:45 am - 1:00pm	Guest Lecture: Dr.Narayanam Srikanth. Deputy Director, CCRAS, Ministry of AYUSH, Govt. of India.
1:00pm - 2:00pm	Lunch
2:00pm-3:00pm	Guest Lecture: Prof.(Dr.) Anaya A. Pathrikar. HOD, Kayachikitsa Dept., Ayurveda Mahavidyalaya & Seth R. V. Ayurveda Hospital, Sion.
3:15 pm-4:30 pm	Paper presentation : Parallel Sessions.
4:30 pm - 5:00 pm	Valedictory function : Prof.(Dr.) Sadanand P.Sardeshmukh Member CCIM, Emeritus Professor, Dept of Ayurveda , TMV, Pune. Prof.(Dr.) Ragini Patil Principal, PDEA'S College of Ayurveda & Research Centre, Nigadi, Pune.