



TILAK MAHARASHTRA VIDYAPEETH

Declared as Deemed to be University Under Section 3 of UGC Act 1956

Reaccredited by NAAC with 'B++' Grade

ISO 21001 : 2018 Certified



Student Welfare Committee

Activity Report

2025-26

Date	Activity	No of students attended	Resource Agency
July 2025	Competitive Exam Preparation (DMER)	50	Mr. Vishal Londhe Assistant Commissioner, Social Welfare Department, Pune Mr. Suryakant Patil Social Service Superintendent, Medical College, Baramati. Mr. Mohan Bansode Social Service Superintendent, Yerawada Metal Hospital,Pune. Mr. Shanakr Mugave Head : Medical Social Service Department , Sasson, Pune
Sept 2025	Gender and Human Rights	20	Equal Community Foundation , Pune
October 2025	World Mental Health Day	80	Shilpa Tambe , Connecting ,Pune
October 2025	Developing Leadership Skills”	90	The Institute of Company Secretaries of India (ICSI), Pune Chapter of the Western India Regional Council (WIRC).
	“Financial Literacy and Planning”		
	Goal Setting, Career Planning, and Time Management”		
November 2025	Seminar on Mental Health : From Panic to Performance ,	16	Mr.Bhushan Deshpande
	Beyond "Just Study Harder" Managing the psychology	29	
	Gender Equality	59	Equal Community Foundation , Pune



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समाजकार्य विभाग आयोजित एक दिवसीय कार्यशाळा

कार्यक्रम पत्रिका

सत्र-१. उद्घाटन कार्यक्रम

कार्यक्रम अध्यक्ष



डॉ. माधवी रेणावीकर
माननीय अधिष्ठाता, नीती व सामाजिक शास्त्रे
अभ्यासमंडळ (टिळक महाराष्ट्र विद्यापीठ, पुणे.)

प्रमुख पट्टणे



श्री. विशाल मंगल अशोक लोंडे
सहाय्यक आयुक्त, समाज कल्याण, पुणे

कार्यक्रमाचे प्रास्ताविक



डॉ. प्रकाश यादव
विभाग प्रमुख-समाजकार्य विभाग

सत्र-२ वैद्यकीय समाजसेवा अधिकांक परिक्षेचे स्वरूप



श्री. सुर्यकांत पाटील
समाजसेवा अधीक्षक शासकीय वैद्यकीय महाविद्यालय
व सर्वोपचार रुग्णालय - बारामती

सत्र-३

समाजकार्य सैद्धांतीक माहिती व समाजसेवा अधिकांक यांच्या प्रत्यक्ष भूमिका



श्री. मोहन बनसोडे
समाजसेवा अधीक्षक - प्रादेशिक मनोरुग्णालय - येरवडा, पुणे.

सत्र-४ स्पर्धा परिक्षेस सामोरे जातानाची तयारी



डॉ. शंकर मुगावे
विभाग प्रमुख-
वैद्यकीय समाज सेवा विभाग ससुन रुग्णालय, पुणे.

सुत्र संचालन आणि आभार प्रदर्शन - विद्यार्थी समाजकार्यकर्ते

वार व दिनांक शनिवार, दिनांक १९/०७/२०२५ वेळ सकाळी ११.०० ते दुपारी ४.०० पर्यंत
स्थळ गौरीताई टिळक सेमिनार हॉल, सी विंग ४०४.



Department of Social Work organized one day workshop on 19 th July 2025, for recruitment of post of Social Service Superintendent under the Directorate of Medical and Educational Research, Mumbai. Experts were invited from Mr. Mangal Londhe . Assistant Commissioner, Social Welfare Department, Mr. Suryakant Patil (Alumni Tilak Maharashtra Vidyapeeth) Superintendent , Government Medical College, Baramati, Mr. Mohan Bansode, Social Service superintendent, Yerwada Mental Hospital, Pune, Dr. Shankar Mugave , Head, Medial Social Service Department , Sasoon, Pune. Workshop was open for all those who aspirant hence it was really helpful and new network emerged. This initiative was taken by Dr. Prakash Yadav.



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Gender and Human Rights



Objectives:

To create awareness about the basic concepts of gender equality, and human rights.

To understand the difference between sex and gender.

To learn ways to reduce discrimination.

To encourage reflection on societal and personal behaviors and practices that reinforce gender inequality.

A- : Small activity was conducted for 20 mins. All the participants were divided into 05 groups. Each group was told to draw a male and female figure and were told to write the characteristics of each.

B- : Activity each group presented themselves.

C- : Later discussed difference between sex and gender.

D- : Various Institutions like family, educational, religious, economy, Social media roles in building gender in equality. And then discussed solutions.



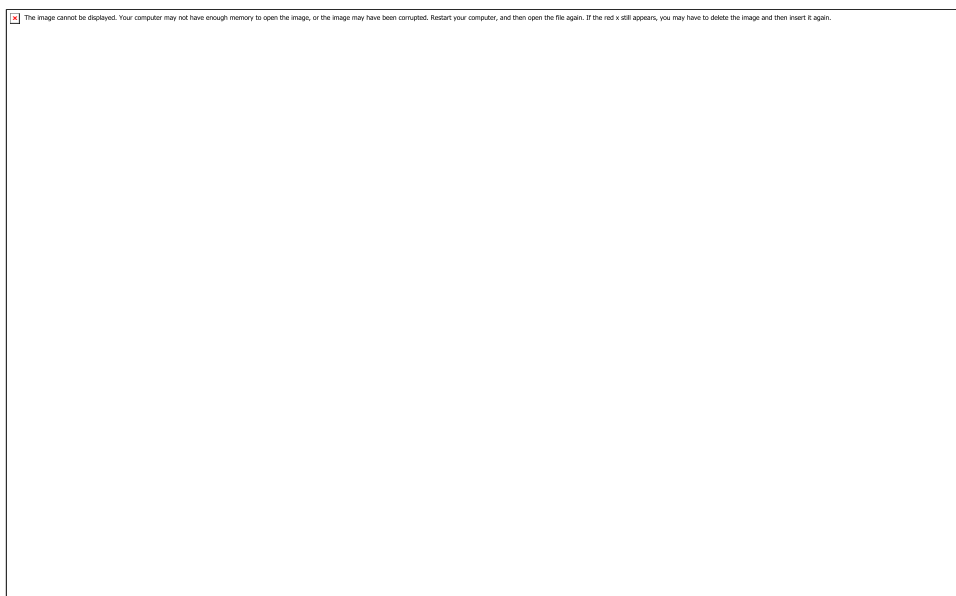
E- - : Understanding the difference between sex & gender.

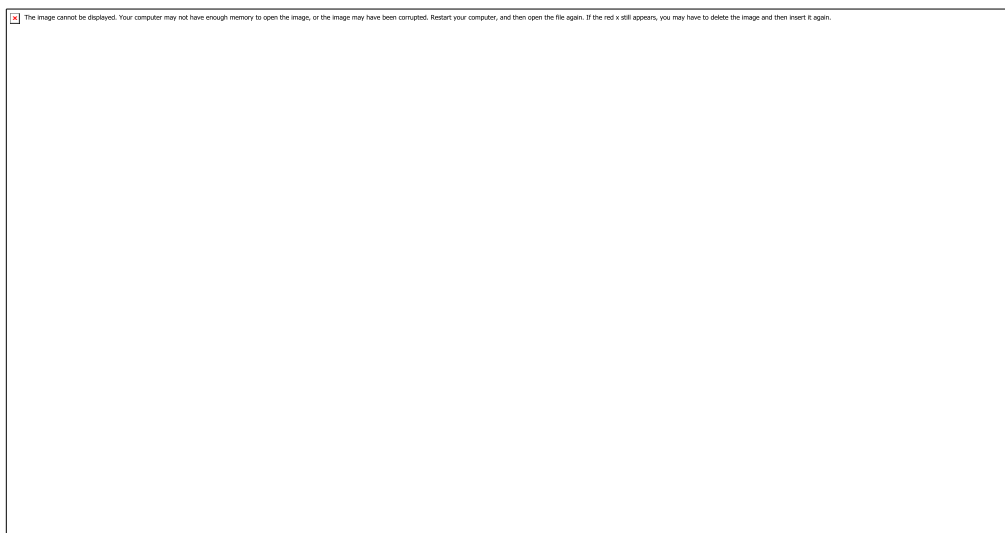
F- : Learned what gender equality and human rights mean in everyday life.

G- - : Learned constructive ways to respond to gender based discrimination and how to bring change in ourselves.

Mental Health Awareness:

An awareness session titled “*Breaking the Silence: Awareness on Suicide Prevention*” on **10th October 2025** to mark **World Suicide Prevention Day**. The session aimed to create awareness about mental health issues, reduce the stigma associated with suicide, and encourage open conversations about emotional well-being. A total of **80 students** from the Department actively participated in the session. The resource person emphasized the importance of identifying early signs of distress, seeking timely help, and supporting peers in crisis situations. The session also highlighted the role of social work professionals in promoting mental health awareness and building supportive communities. The participants found the session insightful and engaging, gaining valuable knowledge and practical strategies for suicide prevention.

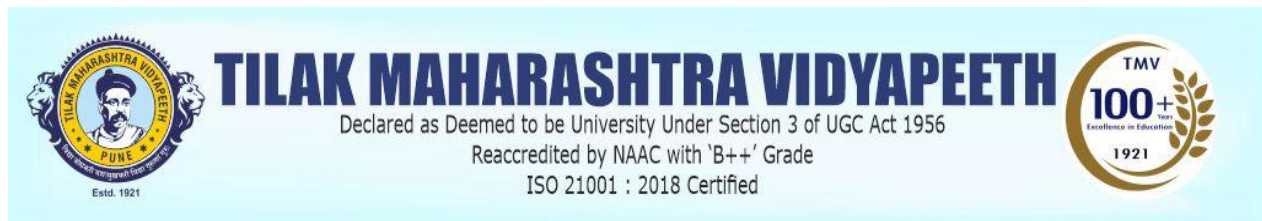




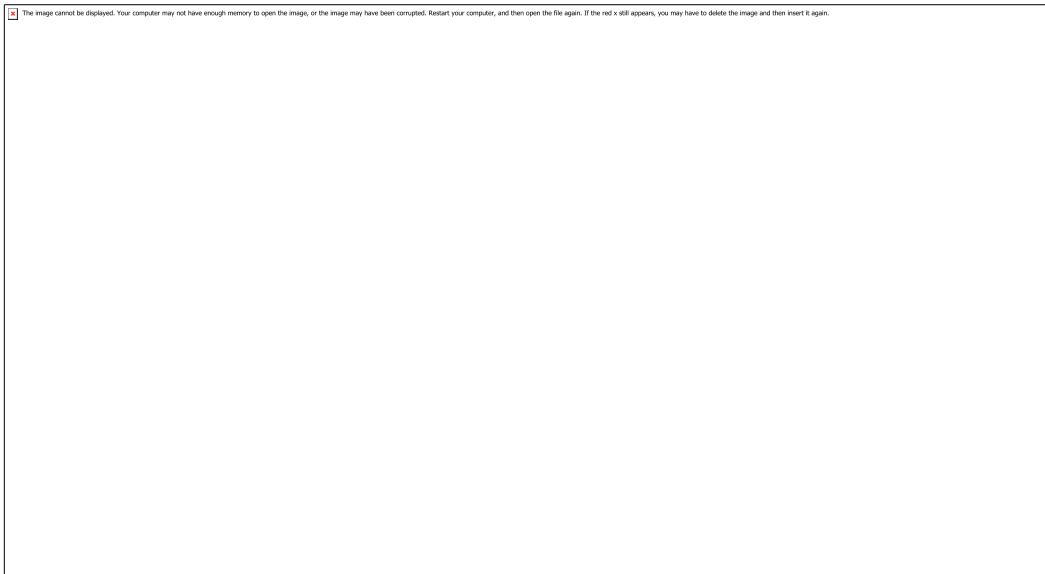
Skill development and CareerGoals:

An interactive session on “*Developing Leadership Skills*” ,*Financial Literacy and Planning*” on **13th October 2025** in collaboration with **The Institute of Company Secretaries of India (ICSI), Pune Chapter of the Western India Regional Council (WIRC)**. The session aimed to enhance students’ leadership abilities, communication skills, and decision-making capacity—qualities essential for professional and personal growth and explained key concepts such as budgeting, saving, investment planning, insurance, and retirement preparation. He emphasized how financial discipline and informed decision-making can contribute to long-term stability and personal empowerment.

The resource persons from ICSI shared valuable insights on effective leadership traits, team management, and ethical decision-making in organizational contexts. Through real-life examples and participatory discussions, students learned how leadership extends beyond authority to include empathy, accountability, and vision. The session encouraged participants to identify their



own leadership potential and apply these skills in academic, professional, and community settings.





On **14th October 2025**, the Department of Social Work organized an insightful session on *“Goal Setting, Career Planning, and Time Management”* in collaboration with **The Institute of Company Secretaries of India (ICSI), Pune Chapter of WIRC**. The session was conducted by **CS Sohal Thakur**, who engaged the students in an interactive discussion on developing clarity of purpose, effective planning, and disciplined time management as key ingredients for personal and professional success.