

Programme Details



DIPLOMA IN COUNSELING (CODE - 801)

Introduction

The Diploma in Counseling provides foundational knowledge and skills in guidance, communication, and psychological support. The course introduces students to basic counseling techniques, human behavior, and emotional well-being. It aims to develop empathy, listening skills, and problem-solving abilities, preparing learners to support individuals in personal, social, and professional contexts.

Objectives

Counseling is one of the major tasks of social workers engaged in helping people. Through direct counseling or referral to other services, social workers help people solve a range of personal problems. Counseling and social work are closely connected, counseling is one of the major techniques of the social work program. After the lockdown requirement of this techniques is increase. We Proposed the Diploma course in counseling for graduate students. The course will include lectures as well as field-experience through internships and on-job training. The on-job training sessions will be the unique feature of this course and will help students in improving skills. student get the experience in Schools, NGOs, CSR Foundations/ Companies, Colleges, Hospitals, and other places where counseling plays important role.

Unique Features

- Focus on basic counseling techniques and communication skills.
- Training in understanding human behavior and emotional well-being.
- Practical sessions, case studies, and role-play activities.
- Development of empathy, listening, and problem-solving skills.
- Introduction to ethical practices in counseling.
- Suitable for beginners interested in counseling and social services.

Opportunities

- Career opportunities as counselor, advisor, or support worker.
- Work in schools, colleges, NGOs, and community organizations.
- Opportunities in mental health awareness and social service sectors.
- Useful for roles in HR, guidance, and welfare services.
- Foundation for higher studies in psychology and counseling.

Programme Details



Duration : 1 Year
Eligibility : Any Graduation

Fee Structure :

Tuition	Admission	Exam	Eligibility	Library	Laboratory / Practical	Total
14,000	1000	1500	1000	500	2000	20,000

Evaluation : Semester Pattern, Internal Assessment 100%, External Assessment 100%, Passing 50%.

COURSE STRUCTURE

MINIMUM PASSING MARKS 50% FOR EACH SUBJECT

Semester I

Sr. No	Course Code	Course Name	Category	Credit		Theory Marks		Practical Marks		Total Marks
				Theory	Practical	External	Internal	External	Internal	
1.	80126101	Basics in Counselling	Compulsory	4	-	50	50	-	-	100
2.	80126102	Introduction to Abnormal Psychology	Compulsory	4	-	50	50	-	-	100
3.	80126103	Approaches to Counselling	Compulsory	4	-	50	50	-	-	100
4.	80126104	Areas of Counselling	Compulsory	4	-	50	50	-	-	100
5.	80126105	Field Work Practicum Including Viva Voce	Compulsory	-	4	-	-	50	50	100
Total Courses = 05			Total	16	4	200	200	50	50	500

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Semester II

Sr. No	Course Code	Course Name	Category	Credit		Theory Marks		Practical Marks		Total Marks
				Theory	Practical	External	Internal	External	Internal	
1.	80126201	Introduction to Psychotherapy	Compulsory	4	-	50	50	-	-	100
2.	80126202	Counselling and Family Therapy	Compulsory	4	-	50	50	-	-	100
3.	80126203	Counselling in Health Sector	Compulsory	4	-	50	50	-	-	100
4.	80126204	Educational Counselling	Compulsory	4	-	50	50	-	-	100
5.	80126205	Field Work Practicum Including Viva Voce	Compulsory	-	4	-	-	50	50	100
Total Courses = 05			Total	16	4	200	200	50	50	500