

**TILAK MAHARASHTRA VIDYAPEETH ,PUNE****M.A- YOGA (353)****EXAMINATION: NOVEMBER – 2022****TIME - TABLE**

| <b>Semester-II</b><br><b>Time: 10.00 a.m. to. 12.30 p.m.</b> |                  |                            | <b>Semester-IV</b><br><b>Time: 10.00 a.m. to.</b><br><b>12.30 p.m.</b> |                      | <b>Semester-I</b><br><b>Time: 2.00 p.m. to.</b><br><b>4.30 p.m.</b> |                                | <b>Semester-III</b><br><b>Time: 2.00 p.m. to.</b><br><b>4.30 p.m.</b> |                                      |
|--|------------------|----------------------------|--|----------------------|---|--------------------------------|---|--------------------------------------|
| <b>Day &amp; Date</b>  | <b>Sub. Code</b> | <b>Subject</b>             | <b>Sub. Code</b>   | <b>Subject</b>       | <b>Sub. Code</b>  | <b>Subject</b>                 | <b>Sub. Code</b>  | <b>Subject</b>                       |
| Tuesday<br>22/11/2022  | 201              | Yoga in ancient literature | -----  | -----                | 101   | Practical - I                  | 301   | Basics of Diet & Nutrition           |
| Wednesday<br>23/11/2022                                      | 202              | Hathayoga Pradipika        | 402  | Patanjali Yoga Sutra | 102   | Srimad Bhagwad Gita            | 302   | Gherand Samhita                      |
| Thursday<br>24/11/2022                                       | -----            | -----                      | -----  | -----                | 103   | Basics of Anatomy & Physiology | 303   | Research Methodology & Biostatistics |
| Friday<br>25/11/2022   | -----            | -----                      | -----  | -----                | 104   | Basics of Ayurveda - I         | 304   | Practical-III                        |

**Practical/Viva Examination: Date: - 26 November 2022 onwards.****Examination Centers: Tilak Maharashtra Vidyapeeth, Mukundnagar, Gultekdi, Pune - 411 037.****INSTRUCTIONS: -**

1. A candidate should be present at the examination center on first day 30 minutes before and on remaining days 15 minutes before the examination starts.
2. No candidate will be allowed to enter the examination hall 30 minutes after the examination starts.
3. All the details on the cover page of the answer book should be filled up carefully. You must write your Examination Seat No. only and not your Registration No. on the answer book.
4. Documents such as Hall Ticket, Identity Card, and Receipt of Fees etc. are to be carried with and presented at the time of the examination.
5. Seating arrangement will be displayed at the Examination Centre.
6. Examination centre once selected cannot be changed in any circumstances.
7. Separate passing is essential for both Internal Assessment & External Assessment.
8. Warning against Mal - practices: Vidyapeeth authorities are empowered to take strict action against any kind of mal-practices at the time of examination. Police action may also be taken under the Maharashtra Prevention of Mal - practices at Universities, Board and other Specified Examinations Act 1982. Cases of the mal - practices during the examination will be tried before the committee specially appointed for the purpose.
9. Cell phones are not allowed in the examination hall and if found the cell phone will be confiscated
10. Wearing a Mask and carrying own Sanitizer in the examination hall is compulsory.

Pune - 411037.  
Date -01.11.2022

Acting Registrar.

